

## 28<sup>th</sup> June Sunday Rune and Card Reading



This week the readings are governed by three stunning crystals, a Lemon Jasper Heart, a Clear Quartz Crystal Ball and a piece of Raw Amethyst.

### Reading no. 1 – Lemon Jasper Heart

Lemon Jasper is known as the supreme nurturer. It is said to hold us together during times of stress bringing an inner stability and sense of wholeness and completeness. Connected with the solar plexus chakra, lemon Jasper is a stone of personal power helping us to forge our identity, bringing strength courage and determination.

### Reading no. 2 – Clear Quartz Crystal Ball

Clear Quartz is said to harmonise all our chakras and amplify energy and thought and are known as the "master healer" crystals. Stimulating the immune system and bringing the body into balance, quartz crystals are said to draw off negative energy of all kinds, neutralising, balancing and revitalising the physical, mental, emotional and spiritual planes.

A Quartz Crystal Ball is very specifically used to enhance psychic abilities, to tune into the wisdom of the greater collective consciousness and receive divine guidance, particularly if we are seeking confirmation of our wishes and of future events.

### Reading no. 3 – A Raw Amethyst Crystal

A crystal of great power and energy, it is said that Amethyst will connect you to Spirit and the Divine through communication with the Angels.

With heightened intuition and increased psychic Amethyst is said to disperse stress, sadness and grief through a profound sense of deep connection and belonging. It is a wonderful crystal to use in meditations where you wish to connect with your personal Angels.